Hydroponic Feeding Schedule
(9-week Bloom)

The Heavy Program

USEFUL CONVERSIONS

1 teaspoon	=	5 ml
1 tablespoon	=	15 ml
1 ounce	=	30 ml
1 quart	=	946 ml
1 gallon	=	3.785 L
1 gallon	=	128 oz

*1 teaspoon (powder) = 2 1/3 grams (approx.)

	Grow Week 1	Grow Week 2	Grow Week 3	Grow Week 4	Bloom Week 1	Bloom Week 2	Bloom Week 3	Bloom Week 4	Bloom Week 5	Bloom Week 6	Bloom Week 7	Bloom Week 8	Bloom Week 9
GROW	3ml ⏩ gal	4ml ⏩ gal	4ml ⏩ gal	4ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	4ml ⏩ gal	4ml ⏩ gal	3ml ⏩ gal	3ml ⏩ gal	Flush
MICRO	3ml ⏩ gal	3ml ⏩ gal	4ml ⏩ gal	4ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	6ml ⏩ gal	7ml ⏩ gal	9ml ⏩ gal	11ml ⏩ gal	8ml ⏩ gal	8ml ⏩ gal	Flush
BLOOM	1ml ⏩ gal	2ml ⏩ gal	3ml ⏩ gal	4ml ⏩ gal	4ml ⏩ gal	5ml ⏩ gal	6ml ⏩ gal	7ml ⏩ gal	9ml ⏩ gal	11ml ⏩ gal	9ml ⏩ gal	9ml ⏩ gal	Flush
SEA CAL	1ml ⏩ gal	1ml ⏩ gal	1ml ⏩ gal	1ml ⏩ gal	1ml ⏩ gal		2ml ⏩ gal						Flush
SEA MAG						1ml ⏩ gal		2ml ⏩ gal	3ml ⏩ gal	3ml ⏩ gal	3ml ⏩ gal	3ml ⏩ gal	Flush
GINORMOUS						1ml ⏩ gal	1ml ⏩ gal	1ml ⏩ gal	1ml ⏩ gal				Flush
FLAVORFUL	1ml ⏩ gal	2ml ⏩ gal	2ml ⏩ gal	2ml ⏩ gal	3ml ⏩ gal	3ml ⏩ gal	3ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	Flush
HUMBOLDT ROOTS	2ml ⏩ gal	2ml ⏩ gal	2ml ⏩ gal	2ml ⏩ gal	2ml ⏩ gal	2ml ⏩ gal							Flush
BIG UP POWDER					1/2tsp ⏩ gal					2tsp ⏩ gal	1tsp ⏩ gal	1tsp ⏩ gal	Flush
HUMBOLDT HONEY HYDRO CARBS					1ml ⏩ gal	1ml ⏩ gal	1ml ⏩ gal	2ml ⏩ gal	3ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal	5ml ⏩ gal
PROZYME	10ml ⏩ gal	10ml ⏩ gal	10ml ⏩ gal	10ml ⏩ gal	15ml ⏩ gal	15ml ⏩ gal	20ml ⏩ gal	20ml ⏩ gal	10ml ⏩ gal	10ml ⏩ gal	10ml ⏩ gal	10ml ⏩ gal	Flush
PPM	450	525	650	700	900	1050	1200	1350	1575	1800	1350	1350	Flush

Always use un-chlorinated water, maintain pH levels between 5.5-7.2 and check reservoir after adding all nutrients. Oxygenate water before and during application. To prevent nutrient settling, always use a pump at the bottom of the reservoir to continually agitate and mix the nutrient water during application. Research and Development conducted using water obtained by reverse osmosis containing near 0 PPM.

Humboldt Nutrients complete hydroponic feeding schedules work great with re-circulating, drain to waste, and all other growing methods. If using a ebb & flow system, every 5-7 days drain your reservoir then clean your pump and equipment.